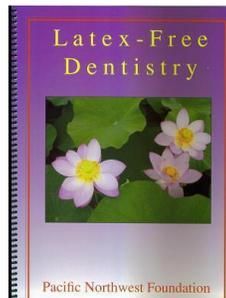
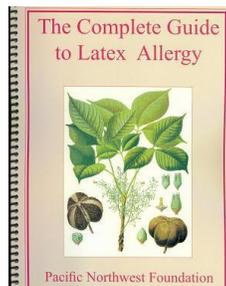




[Latex Allergy Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to Latex Allergy](#)



[Latex-Free First Aid Kit](#)

ALLERGIES

Their Relationship to Toxic Reactions and Chronic and Acute Illnesses

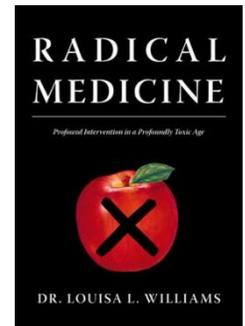
For a case history involving this, go to [Anna's Case](#).

SUBJECTS COVERED:

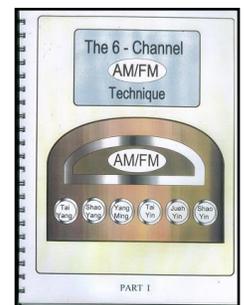
- Osteopathy vs. M.D. approach
- Dr. Dietrich Klinghardt
- Neural therapy
- Neural Kinesiology/Autonomic Response Testing History
- Dr. Louisa Williams
- Nambudripad's Allergy Elimination Technique (N.A.E.T.)
- Examples
- Allergies and toxicity
- Andrew Taylor Still, M.D.
- References

BACKGROUND: being able to distinguish between allergic/sensitivity reactions and other types of bodily responses is a key to achieving optimal health.

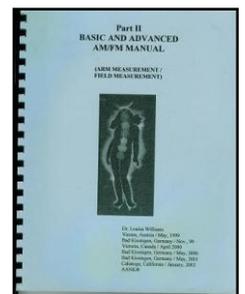
PROCESS: allergies are sensitivity reactions that stimulate an [immune system response](#). There are three types of reactions to various triggers: stress response (usually an acutely noticeable reaction to a stimulus), two types of adaptation responses (delayed reaction to a stimulus or no reaction to a stimulus), and hypo or hyper responses. A sensitivity reaction, in contrast to an allergic response, is one that does not impel an all-out immune system reaction, typically to food or the environment. Allergies have been very difficult, if not impossible, to eliminate using traditional medicine. Only within the past few years has a technique been



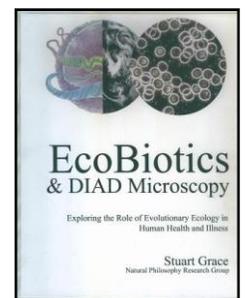
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



[Basic and Advanced AM/FM Manual](#)



[EcoBiotics](#)

developed that can eliminate them, [Nambudripad's Allergy Elimination Technique \(N.A.E.T.\)](#)

The following is excerpted from a speech Dr. Ann McCombs made in 1996 to the "First Annual NAET Symposium" in Buena Park, CA. It is reprinted and edited for this site with her permission.

Neural Kinesiology and NAET: A Potent Combo

As a Doctor of [Osteopathic Medicine](#), I was trained to examine people from a holistic viewpoint and to treat what I found from the perspective of cause vs. symptoms. Coupled with hands-on evaluation and treatment, it is only these differences of philosophy and treatment approach that have ever separated D.O.'s from the traditional M.D. or allopathic world.

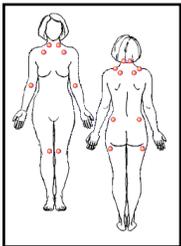
This osteopathic philosophy and diagnostic/treatment approach led me into the specialty of treating people with acute and chronic pain using a non-surgical, non-pharmacological, structure-function/team approach, which was very successful.

Over time, however, I began to notice recurrent patterns in the tissue (structure & soma) of persons whose bodies came under my hands. About the same time, I became aware of the fact that the majority of these patterns were occurring in people whose chronic pain problems almost resolved, but just not quite. In my experience, it is these unresolved cases that have led me into exploring new clinical territory and alternative possibilities for diagnosis and treatment. This time was no exception.

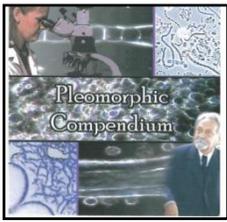
At this time in my practice life, [fibromyalgia](#) was the diagnosis of the day in the chronic pain arena. The team approach I mentioned above helped many of these patients, but not all and also not as fully as other, in my practice who did not have this diagnosis. It was at that time that I met [Dr. Dietrich Klinghardt](#), an M.D., Ph.D. from Germany, who taught me more about the [autonomic nervous system](#) (ANS) than anyone even knew existed when I was in medical school -- and it



[Chelita: A Cancer Survivor' Story](#)



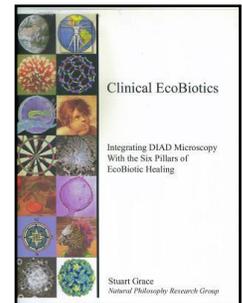
[Overcoming Fibromyalgia](#)



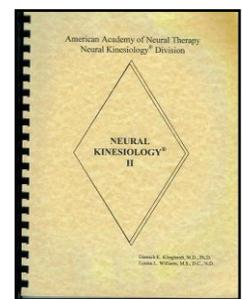
[Pleomorphic Compendium](#)



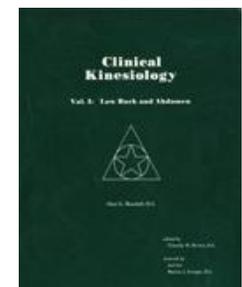
[T-shirt](#)



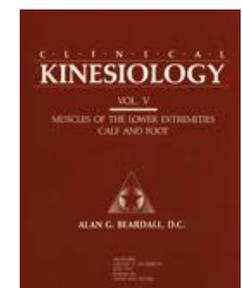
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)

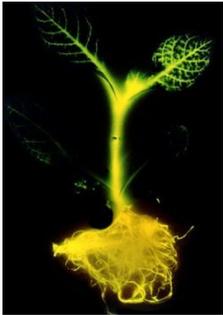


[Muscles of the Lower Extremities](#)

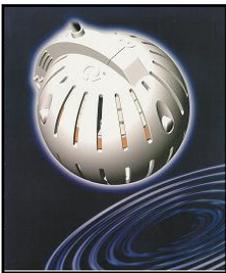
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[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

changed the course of my professional career forever -- not unlike the experience of finally seeing the cow's face in the ink blot: you can never look at the ink blot again without seeing the cow's face.

Neural Kinesiology/Autonomic Response Testing

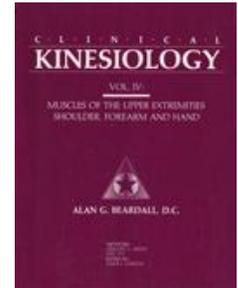
Dr. Klinghardt taught me [Neural Therapy](#) (NT), a diagnostic and treatment system developed by the [Huneke](#) brothers, in Germany in the latter half of this century. The Hunekes were two orthopedic surgeons who had the experience of immediately curing a woman's frozen shoulder by injecting a scar on her foreleg with [Novocain](#), a method that worked because of its immediate impact on the ANS, followed by the also immediate "domino" effect on the connective tissue or fascia, a principle that [osteopathic](#) physicians (and others trained in hands-on therapies) understand in theory and in fact.

Dr. Klinghardt took the practice of Neural Therapy to a whole other level, however, with the addition of Neural Kinesiology (NK), a diagnostic system he developed with [Dr. Louisa Williams](#), a [DC/ND](#) in Seattle. Taking the best of [Applied Kinesiology](#), [Clinical Kinesiology](#), [Educational Kinesiology](#) in combination with ANS theory and principles, NK allows the diagnostician to assess not only ANS dysfunction, but also treatment priorities

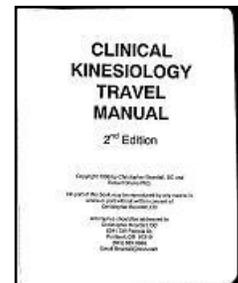
NAET (Nambudripad's Allergy Elimination Technique)

...And this is where Dr. Devi's work has entered the picture for me. As with the addition of NT and NK meeting Dr. Devi, learning [NAET](#) (Nambudripad's Allergy Elimination Technique) and adding this simple but profound technique to my practice has taken me yet another turn on the spiral. This journey has forever altered my professional career once again..., only this time, it was a different ink blot with two different faces (the old woman's end the young woman's).

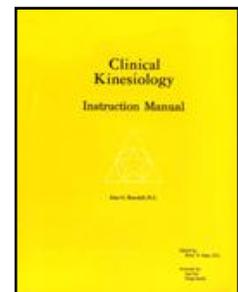
In my practice, not only is NAET a profound technique for treating allergies, it has allowed me to be able to



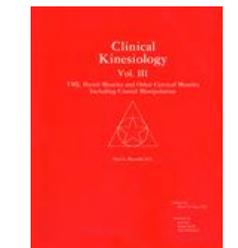
[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

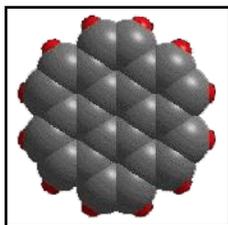
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[Biomodulator](#)



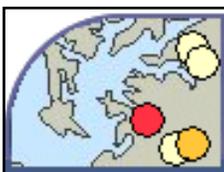
[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)



[TOXMAP](#)

treat chronic (“long drawn out”: [Taber’s Cyclopedic Medical Dictionary](#)) illness as successfully as I have been able to treat chronic pain as well as the ability to treat chronic pain patients even more quickly and effectively.

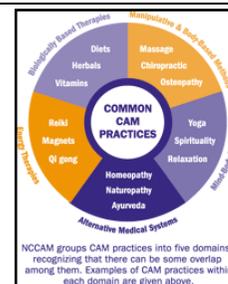
With the marriage of [NAET](#) and NK I find that if [ANS](#) imbalances (blocking, switching and any acute interference fields) are addressed first, bodies will clearly determine what they need and the order in which they need it. This is the concept of diagnosing and treating the “key lesion” in [osteopathy](#). With this kind of diagnostic approach, I find it possible to individualize a person’s treatment plan more precisely than I have ever been able to do before; thereby, eliciting extraordinary results with as few side effects as possible.

For [NAET](#), this means being able to treat and clear people’s allergies with only one treatment per [allergen](#) or one treatment per specific group of allergens. Deficiencies and the need for supplementation occur infrequently, as do side effects of NAET treatment. As a clinician, I find these outcomes motivate people to continue with treatment at times when they might otherwise get discouraged and stop in the middle.

Examples

To illustrate: One patient wanted his cat allergy treated “out of sequence,” so to speak. He hadn’t finished the basic NAET treatments, but he was so insistent, I agreed. It took three treatments to clear his cat allergy, the third and final time with multiple combinations and several days of treatment reaction symptoms.

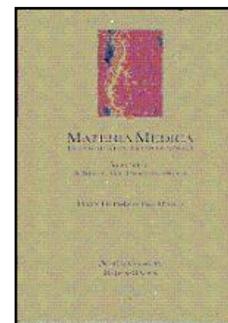
Contrast this case with another of my clients, who actually had a more severe animal allergy than the first person. She wanted her animal allergies treated immediately as well, but at this time, I didn’t treat it until it was a clear priority -- and she cleared it in one treatment, without a treatment reaction. The first thing she asked the day she cleared it was to pet my dog (who is often in the office with me) and, as she did so, she had tears in her eyes as she told me she hadn’t



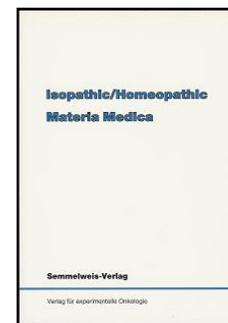
[NCCAM](#)



[Homotoxicology](#)
[Materia Medica I](#)



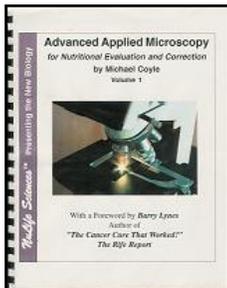
[Homotoxicology](#)
[Materia Medica II](#)



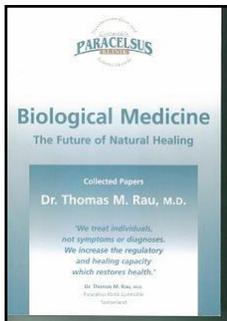
[Isopathic/](#)
[Homeopathic](#)
[Materia Medica](#)



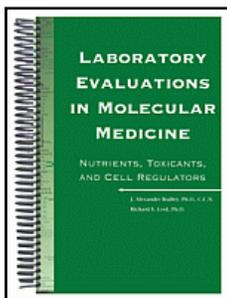
[My AminoPlex](#)



[Advanced Applied Microscopy](#)



[Biological Medicine](#)



[Laboratory Evaluations in Molecular Medicine](#)

been able to pet her dog in 30 years!

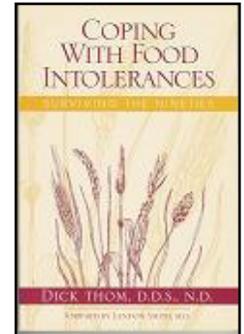
To get to this point with her, however, we had to first deal with her [acute pancreatitis/gall bladder](#) condition, for which it had been recommended that she have surgery. She had refused, predominantly because she was afraid she would die on the operating table from the anesthetic because of [post-polio syndrome](#).

Today, her bloodwork is normal and she has successfully completed dental surgery on several occasions, involving clearing specific areas of dental infections that may have precipitated the acute [pancreatitis](#) in the first place.

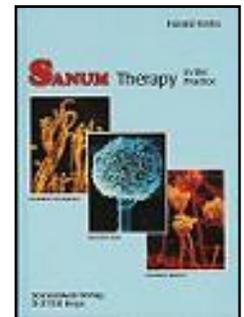
Phases of Illnesses

[NK](#) and [NAET](#) have also allowed me to more effectively distinguish the toxic phase of acute (“having rapid onset, severe symptoms and a short duration”: [Taber’s Cyclopedic Medical Dictionary](#)) and chronic illness from the allergic phase. Thanks to Dr. Vera Stejdahl (Sweden) and Dr. Russel Jaffe, an M.D./PhD. at the [NIH](#) who replicated her work, we now know these two responses in the body individually exist. In general, it is my understanding that most practitioners view toxicity as the primary cause of allergy, because of its impact on the [immune response](#). I am no longer certain that this is true.

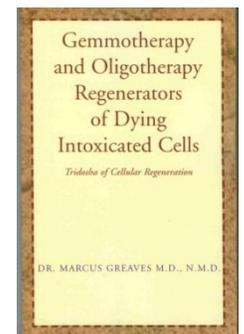
I now see [toxicity](#) and allergies to be like two little kids — one on each end of a teeter-totter, with the [immune system](#) as the modulator, or fulcrum, between the two. When the [toxic response \(note “adverse effect”\)](#) is predominant, the immune system responds appropriately to it then the teeter-totter becomes imbalanced in the other direction and the allergic response predominates, causing the [immune system](#) to need to be in two places at once, so to speak, which it is perfectly capable of doing -- for a time. When it can no longer keep up the back and forth dance between these two responses, adaptation begins and acute illness into chronic illness.



[Coping with Food Intolerances](#)



[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

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In my experience, addressing the underlying [ANS](#) dysfunctionalities first supports the [immune system](#) in its enormous task of modulation between these two phases of acute and chronic illness, thus giving the organism the energy with which it needs to heal itself.

As [Andrew Taylor Still](#), the M.D. who founded [Osteopathy](#), once said: “The best physician is the one who knows how to nudge the system at just the right time and in just the right way to get it back on its own path of self-healing -- and then get out of the way so it can do what it does best: heal itself.”

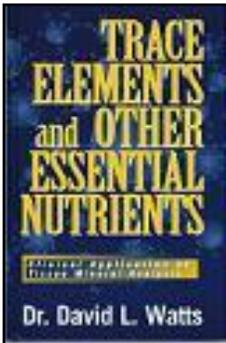
The only time I notice that I get into difficulty in my work is when I forget this principle. I have learned that I do my best work as a physician when I am willing to stand in “I don’t know” and listen to a person’s body.

I could tell you many anecdotes from my practice, but none are any more spectacular than the ones [Dr. Devi](#) writes about in her book, [Say Good-bye to Illness](#). The most important gift I have received from her work is the ability to replicate her results and -- with any luck -- improve upon them, which is the model by which teachers are most effectively measured and honored, in Western tradition. [Dr. Klinghardt](#) and Dr. Devi have achieved this level of success in their work, in my opinion, for I have found the marriage of their ideas and techniques to be the whole that truly is greater than the sum of its parts.

I thank them both for their life-altering contributions to my life, both personally and professionally.

For additional information on these and related topics, you can explore the references below.

The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.



[Trace Elements and Other Essential Nutrients](#)



[PharmFacts for Nurses](#)



REFERENCES

[AAIR](#) Asthma and Allergy Information and Research,
Leicester Branch of the Midlands Asthma and Research
Association, UK

[AIR](#): Allergy Internet Resources

[AllAllergy.Net](#): an excellent Web resource for allergies.

[Allergy/Asthma Resources](#): a very extensive list
Cutler, Ellen W., D.C., [Winning the War against Asthma
& Allergies](#); overcoming asthma, allergies and other
chronic diseases.